

become present in the
moment, ignore the
past and present,
and be a son of
the moment

2. I immediately started
praying and making
du'a and dhikr

3. When I got home, I
answered the call of
nature in a 'present-
state' / a state of
'presence' (in the moment)

4. I immediately went to
bed continuing with
never-ending ^{or} ibaadah
[worship], until 4